

Telegraph magazine

17 January 2004

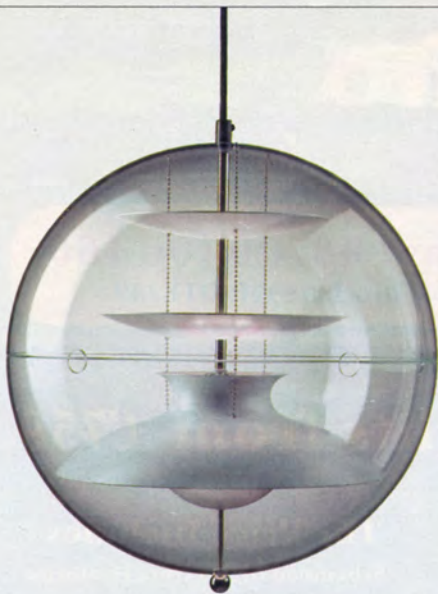
Get your kit on
Exercise diaries reveal
our fight to be fit

At the kohl face
Aerin Lauder clocks on
at the family firm

Sacha's choice

To ignore a potentially lethal brain condition.
Or to have surgery that could kill her

What's new



Blast from the past

Verner Panton, the designer best known for his injection-moulded stacking chair, is back in production with two lights originally designed in the 1960s and 1970s. VP Globe (designed in 1969) and Panto (above, designed in 1977) are available in two sizes and cost from £999. Call 01132-018888 or visit www.aspectsinternational.com.



Jelly good show

The Glasgow-based textiles designer Joanna Kinnersly-Taylor has used 1920s glass jelly moulds belonging to her grandmother as inspiration for these hand-printed table linens. The range, including napkins, placemats, tablecloths and aprons, is printed on pure Irish linen and is available in a selection of colours. Prices start at £24 for a napkin. To order, call 0141-556 6918.



Class of 2004

If you are interested in interior design and want some help putting your ideas into action, try a taster course at the Design School in Queen's Park, London NW6. Four new short courses and workshops are offered at weekends and in the evenings: Lighting, Colour, Sourcing (materials) and Interior Inspiration. Prices start at £95 for courses in February. For further information contact the Design School on 020-7372 2811; www.design-school.com.

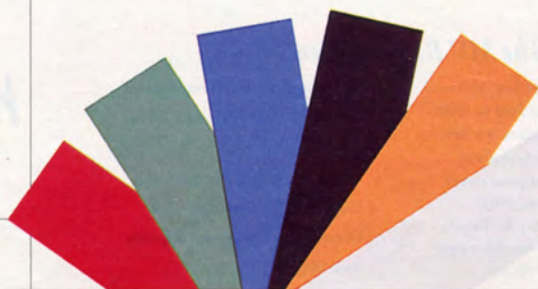


Order, order

This new book by Meryl Starr, a self-styled professional organiser, based in New York, is designed to help transform your home by sorting clutter, with projects for every room in the house. 'Home Organizing Planner: Clearing Your Clutter Step by Step' by Meryl Starr (Mitchell Beazley) is available for £12.99 plus £2.25 p&p from Telegraph Books Direct on 0870-155 7222.

Summer palette

Every year Dulux predicts key trends for the home, then creates a range of colours to go with them. It reckons this spring and summer will be inspired by patchwork and crochet, and influenced by northern European countries such as Holland and Denmark. The look will be folksy, with vintage accessories and strong colours from the late 1950s. Confused? This is the suggested palette. From £15.99 for 2.5l emulsion (01753-550 555; www.dulux.co.uk). From left Firecracker (2 05YR 15/555); Woodland Pearl (2 50GY 26/155); Moon Waves (1 50BB 17/126); Garnet Sympathy (1 72RR 05/147); Jamaican Ginger (4 80YR 31/508); Viennese Truffle (6 60YR 83/017).



Kidston's corner

Cath Kidston has added her name to an already illustrious run of shops on London's Marylebone High Street (including the Conran Shop, Shaker, Divertimenti and Bridgewater). Her shop is on two floors with areas representing different rooms in the house. 51 Marylebone High Street, London W1 (020-7935 6555; www.cathkidston.com).

Edited by Claire Norton